

BEHAVIORAL PEDIATRIC AND FAMILY THERAPY PROGRAM

Account # \_\_\_\_\_

Patient Last Name \_\_\_\_\_ First \_\_\_\_\_ MI \_\_\_\_\_ Birthdate \_\_\_\_\_ Gender \_\_\_\_\_

Street Address/Apt # \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ Best Contact Phone \_\_\_\_\_

Only a patient or his/her legal guardian can be the responsible party unless someone else gives their written consent

RESPONSIBLE PARTY'S NAME _____				
	_____	_____	_____	_____
	Last Name	First	MI	
Birthdate _____	SSN _____			
Address _____	City _____	State _____	Zip _____	
E-Mail Address _____		Employer Name _____		
Cellular Phone _____	Work Phone _____	Home Phone _____		

SPOUSE or OTHER PARENT \_\_\_\_\_ Birthdate \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Employer \_\_\_\_\_ Cellular Phone \_\_\_\_\_ Work Phone \_\_\_\_\_

OTHER \_\_\_\_\_ Birthdate \_\_\_\_\_  
(partner, noncustodial parent, step-parent, or foster parent, etc.)

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ Home Phone \_\_\_\_\_

Employer \_\_\_\_\_ Cellular Phone \_\_\_\_\_ Work Phone \_\_\_\_\_

Emergency Contact other than parent or spouse

Name \_\_\_\_\_ Relationship \_\_\_\_\_ Phone \_\_\_\_\_

PRIMARY INSURANCE COMPANY

Insurance Company \_\_\_\_\_

Name of Policy Holder \_\_\_\_\_

Member ID Number \_\_\_\_\_

Group Number (if any) \_\_\_\_\_

SECONDARY INSURANCE COMPANY

Insurance Company \_\_\_\_\_

Name of Policy Holder \_\_\_\_\_

Member ID Number \_\_\_\_\_

Group Number (if any) \_\_\_\_\_

LIST ALL SIBLINGS OR CHILDREN OF PATIENT STARTING WITH FIRST BORN			
NAME	BIRTHDATE	SEX	DIAGNOSIS (FOR OFFICE USE ONLY)
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

I hereby authorize Behavioral Pediatric and Family Therapy Program to release any information acquired in the course of treatment to my insurance carrier. This authorization shall remain valid until written notice is given by me revoking said authorization. I further authorize payments directly to the psychologist/therapist. Pursuant to any applicable provider relations' agreement, I understand that I am financially responsible for all charges whether or not they are covered by insurance.

Signature \_\_\_\_\_ Date \_\_\_\_\_

# Behavioral Pediatric & Family Therapy Program Office Policy

The information in this packet is provided to assure that you have a full understanding of our office policies. Please read this carefully, ask any questions you may have, and sign where indicated. The following signatures must be secured before you can be treated in our clinic.

## **Financial Agreements and Authorizations for Treatment**

I authorize treatment for the named person and agree to pay all fees for such treatment. I agree to pay for members of my family and for myself at the time of service unless other credit arrangements are agreed upon in writing. Charges shown on statements are agreed to be correct and reasonable unless protested in writing within thirty (30) days of the billing date.

Your signature below indicates you have received and read the information included on the following pages regarding the Behavioral Pediatric and Family Therapy Program office policies, informed consent and confidentiality statement and agree to abide by the stated terms during our professional relationship. Please read and review the following pages and keep them for your reference. Thank you for your attention to these matters.

\_\_\_\_\_  
(Patient Name)

\_\_\_\_\_  
(Signature of Parent or Guardian)

\_\_\_\_\_  
(Date)

## **Confirmation Telephone Calls**

It is our practice to remind you of an upcoming scheduled appointment. Please respond to the following questions related to these automated contacts:

Please choose **ONE**:     Call     Text     E-Mail     No reminder

(Note: If no option is selected, a reminder will be made via automated telephone call)

Telephone number for reminder calls \_\_\_\_\_

Telephone number for reminder text messages \_\_\_\_\_

E-Mail address for reminder e-mails \_\_\_\_\_

## **Communication with Physician**

In order to provide the highest level of care, we request permission to discuss (i.e., in person, by telephone, and in writing) relevant aspects of your case with the patient's physician(s). Please complete the following and initial the appropriate choice. If you have any questions, please discuss them with your physician or psychologist/therapist.

\_\_\_\_\_  
(Patient's Primary Care Physician Name)

Yes, you may discuss relevant aspects of my or my child's case with my or my child's family physician, pediatrician, or medication prescriber.

No, I do not want my or my child's case discussed with my or my child's family Physician, pediatrician, or medication prescriber

**Behavioral Pediatric & Family Therapy Program**

**Client Consent Form**

Our notice of Privacy Practices provides information about how we may use and disclose protected health information about you. You have the right to review our Notice before signing this consent. The terms of our Notice may change. If we change our Notice, you may obtain a revised copy by contacting our office.

You have the right to request that we restrict how protected health information about you is used or disclosed for treatment, payment or healthcare operations. We are not required to agree to this restriction, but if we do, we are bound by our agreement.

By signing this form, you consent to our use and disclosure of protected health information about you as described in our Notice of Privacy Practices. You have the right to revoke this consent in writing, except where we have already made disclosures in reliance on your prior consent.

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Patient Name

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Signature of Patient or Guardian

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Date

## **Behavioral Pediatric & Family Therapy Program Office Policies and Informed Consent**

The information in this document is provided to assure that you have a full understanding of our office policies. Please read carefully and sign the bottom of page 3.

The fee for the initial diagnostic session in the clinic is **\$315.00**. Fees for subsequent Psychotherapy and/or Family Therapy sessions are **\$255.00**. An additional **\$25.00** fee may be added to sessions that meet national current procedural terminology criterion for complex sessions. Fees for school meetings and observation are **\$255.00**. Fees for testing and evaluation are **\$200.00** per hour. Testing time may include direct patient contact plus administrative time (e.g., scoring, interpretation, report writing, etc.). Provider-directed telephone calls regarding patients are typically included as a part of the fees for therapy or assessment with your providers, unless other arrangements are made with the provider. If, for any reason, your provider is required to speak with attorneys or appear in court, reimbursement is expected from the party responsible for the provider's participation. The rate is **\$250.00** per hour for review of records, preparing letters/reports, and phone calls. The rate is **\$450.00** per hour for a deposition or court testimony, including travel time. If you have any questions about fees for your sessions, please discuss these with your provider. Active patients will be notified of any changes in clinic fees in advance via a posted notice in the office and/or in billing statements.

### Family Inventory

You will be expected to complete a new Family Inventory for our office on an annual basis and when there is any change in your family or living situation or insurance. It is your responsibility to notify the office of any changes that need to be documented for insurance coverage and treatment in our office.

### Payment Policy

Our policy requires payment in full at the time services are rendered unless other arrangements have been made in advance. If you have arranged a payment plan with our billing office, we ask that your balance not exceed **\$250.00**. If this should occur, you will be asked to pay your balance in full, or at least a large percentage, before any additional appointments are scheduled. Unpaid balances of 90 days or longer will be assessed a re-billing charge of 1% per month until the balance is paid. If no payment is received within a reasonable period of time, we reserve the right to begin collection procedures.

**Please note, the individual who initiates therapy is responsible for payment and will receive billing notices from our office. Nebraska law indicates that the custodial parent has ultimate financial responsibility for payment regardless of the divorce decree. This individual, not our office, is responsible for settling any financial obligations with the noncustodial parent.**

### Insurance

Pursuant to any applicable provider relations agreement, your insurance is a contract between you and your insurance company. Your account with this office is your responsibility. Insurance cannot be filed without the signature of the responsible party on our Family Inventory form. Please feel free to call our office if you have questions regarding your insurance coverage before the next visit. It is your responsibility to inform the office as soon as possible of any change in your insurance coverage and/or insurance provider. All copayments are due at the time of service. Payment of account balances will be requested at the time of check in.

### Cancellations / Missed Appointments

We understand that, at times, it may be necessary to cancel an appointment. To help us schedule our time most efficiently, we ask that any changes or cancellations be made at least 24 hours in advance. If cancellations are not made at least 24 hours in advance, or if an appointment is missed without a call, **you may be subject to a \$25.00 fee**. This fee is your responsibility and is not covered by your insurance policy. If a pattern of missed appointments with late or no notice develops, further sessions with your psychologist/therapist may be declined and referral to a different provider recommended.

### Evaluations / Home Visits / School Meetings and Observations

Fees for psychological and neuropsychological testing and school evaluations will vary and may not be covered by your insurance policy. If you do not fully understand what fees will be incurred, please discuss this issue with your psychologist. Fees for home visits, school meetings, and observations are determined by the amount of time spent in the home or school, as well as distance traveled. Payment of these fees is your responsibility if these services are not covered by your insurance company.

### Child Psychotherapy with Separated / Divorced Parents

Unless a parent/legal guardian has sole legal/medical custody (our office requires a copy of the custody agreement), both parents/legal guardians must consent to treatment in order for your child to be seen in our clinic. Psychotherapy for children when parents are separated or divorced can present unique circumstances. Psychotherapy is most successful when parents are involved in the therapy process. The best outcomes occur when the therapist has a working relationship with both parents built upon collaboration and a desire to promote your child's best interest. The therapist will work with each parent to achieve successful co-parenting, as this is one of the best predictors of children's adjustment and psychological health when parents are separated or divorced. It is not a therapist's role to provide custody evaluations or opinions about parental fitness. Your therapist will discourage the release of your child's mental health records to your attorneys. Please inform your attorneys not to subpoena your child's therapist or child's mental health records. Any requests for release of information to either parents or a third party must be signed by both parents. If there is a court-appointed evaluator, your therapist will provide the evaluator with general information about your child, but will not include opinions about custody or parental fitness.

### Minors and Parents

Patients under 19 years of age who are not emancipated should be aware that the law may allow parents to examine their child's treatment records. Because privacy in therapy is often crucial to successful progress, your psychologist/therapist will provide only general information about the progress of the child's treatment, and his/her attendance at scheduled sessions. Before giving parents any information, your psychologist/therapist will discuss the matter with the child and do his/her best to handle any objections he/she may have. Any other communication will require the child's authorization, unless your psychologist/therapist feels the child is in danger or is a danger to someone else, in which case, your psychologist/therapist will notify the parents of their concerns.

### Records

Our office is required to maintain records for seven (7) years following the discontinuation of services, or for seven (7) years past the age of majority (19 years) in Nebraska.

### Confidentiality

In general, the confidentiality of all communications between a patient and psychologist/therapist is protected by law, and your psychologist/therapist can only release information about our work to others with your written permission. However, there are a number of exceptions.

In most judicial proceedings, you have the right to prevent your psychologist/therapist from providing information about your treatment. However, in some circumstances, such as child custody proceedings and proceedings where your emotional condition is an important element, a judge may require your psychologist/therapist to testify if he/she determines that resolution of the issues before him/her demands it.

There are some situations in which your psychologist/therapist is legally required to take action to protect others from harm, even though revealing some information about a patient's treatment. For example, if your psychologist/therapist believes that a child, an elderly person, or a person with a disability is being abused, he/she may be required to file a report with the appropriate state agency. If your psychologist/therapist believes that a patient is threatening serious bodily harm to another, he/she may be required to take protective actions, which may include notifying the potential victim, notifying the police, or seeking appropriate hospitalization. If a patient threatens to harm him/herself, your psychologist/therapist may be required to seek hospitalization for the patient, notify police, or to contact family members or others who can help provide protection. These situations rarely occur. However, if such a situation develops, your psychologist/therapist will make every effort to fully discuss it with you before taking action.

You should be aware that, pursuant to HIPAA, your psychologist/therapist keeps Protected Health Information about you/your child as part of their professional records. It includes information about you/your child's reasons for seeking therapy, a description of the ways in which you/your child's problem impacts on your life, diagnosis, treatment goals, progress toward these goals, medical and social history, treatment history, past treatment records (if applicable), professional consultations, billing records and any reports or requests that have been sent to anyone, including reports to your insurance carrier.

HIPAA provides you with several new or expanded rights with regard to your Clinical Records and disclosures of protected health information. These rights include requesting that your record be amended; requesting restriction on what information from your Clinical Records is disclosed to others, requesting an accounting of most disclosures of protected health information that you have neither consented to nor authorized; determining the location to which protected information disclosures are sent; having any complaints you make about policies and procedures recorded in your records; and the right to a paper copy of this Agreement, the attached Notice form, and our privacy policy and procedures. The Office is also required by HIPAA to inform you if we become aware of or suspect a breach of your Protected Health Information.

Your psychologist/therapist may occasionally find it helpful to consult about a case with other professionals. In these consultations, he/she will make every effort to avoid revealing the identity of the patient. The consultant is, of course, also legally bound to keep the information confidential. Unless you object, your psychologist/therapist will not tell you about these consultations unless he/she feels it is important to your work together. Providers for the Behavioral Pediatric and Family Therapy Program are independent providers and share no joint liability.

Risk Assessment

You should also be aware that your contract with your insurance company requires that I provide it with information relevant to the services that I provide to your child and/or you. I am required to provide a clinical diagnosis. Sometimes, I am required to provide additional clinical information such as treatment plans or summaries, or copies of your entire clinical record. By signing this Agreement, you agree that I can provide requested information to your insurance carrier.

Communication via Text Message

You should be aware that text messages are not HIPAA-compliant; therefore, your psychologist/therapist will not respond to a text message sent to his/her cellular telephone.

While this written summary of policies and exceptions to confidentiality should prove helpful in informing you about potential problems, it is important that you discuss any questions or concerns which you may have at your next session. The laws governing these issues are quite complex and your psychologist/therapist is not an attorney. While he/she may be happy to discuss these issues with you, should you need specific advice, formal legal consultation may be desirable. If you request, your psychologist/therapist will provide you with relevant portions of summaries of the applicable state laws governing these issues.

By signing below, you indicate that you have read, understand, and agree to comply with the policies described above. You are also consenting to treatment and acknowledge that you have received consent (either verbally or in writing) from the noncustodial parent/legal guardian.

\_\_\_\_\_  
Patient Name

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

# Behavioral Pediatric & Family Therapy Program Child Family Inventory

## PATIENT INFORMATION

Patient Name: \_\_\_\_\_ Nickname: \_\_\_\_\_

Age: \_\_\_\_\_ Birth date: \_\_\_\_\_ Gender: \_\_\_\_\_

Address: \_\_\_\_\_ Phone: \_\_\_\_\_

Parent / Legal Guardian Name: \_\_\_\_\_ Age: \_\_\_\_\_

Relationship to Patient (check one):

Biological  Adoptive  Foster  Step Married: \_\_\_\_\_ Divorced: \_\_\_\_\_  
Date Date

Parent / Legal Guardian Name: \_\_\_\_\_ Age: \_\_\_\_\_

Relationship to Patient (circle one):

Biological  Adoptive  Foster  Step Married: \_\_\_\_\_ Divorced: \_\_\_\_\_  
Date Date

Name of Other Member(s) of the Household:	Age	Gender	Relationship
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

Who Referred You? \_\_\_\_\_ Patient's Physician: \_\_\_\_\_

Reason for Referral? \_\_\_\_\_  
\_\_\_\_\_

## PATIENT ASSESSMENT

Complications with fertility, pregnancy, labor/delivery: \_\_\_\_\_  
\_\_\_\_\_

**Growth and Development:**

General impression of infant development: (circle one)      \_\_\_ Poor    \_\_\_ Fair    \_\_\_ Good

Note the month patient achieved the following activities:

Sat Alone \_\_\_\_\_ Crawled \_\_\_\_\_ Walked \_\_\_\_\_ Feed Self \_\_\_\_\_ Spoke Words \_\_\_\_\_  
(Typical: Sit, 6-8 mo.; Crawl, 9 mo.; Walk, 12-18 mo.; Feed, 10-12 mo.; Speak, 10 mo.)

General Appearance: \_\_\_\_\_

Weight: \_\_\_\_\_ Height: \_\_\_\_\_

Physical Assessment of Vision, Hearing, and Speech:

Vision:            Normal    Abnormal    Corrected

Hearing:         Normal    Abnormal    Corrected

Speech:          Normal    Abnormal    Corrected

Does patient have a physical health problem which interferes with normal functioning?    Yes    No

If yes, describe: \_\_\_\_\_

Has patient had any genetic or medical testing done in the past?    Yes    No

If yes, what type of testing and by whom? \_\_\_\_\_

Is patient on any medications at the present time?    Yes    No

For what is it prescribed? \_\_\_\_\_ How long has patient been on it? \_\_\_\_\_

Name of medicine and who prescribed it? \_\_\_\_\_

Does the medication affect patient's behavior?    Yes    No    How? \_\_\_\_\_

**Emotional Status:**

Does patient have a behavioral or emotional problem that concerns you?    Yes    No

If yes, describe: \_\_\_\_\_

Has patient ever received counseling or psychotherapy?    Yes    No



If yes, describe reasons for counseling / psychotherapy, therapist name(s), and date(s):

\_\_\_\_\_  
\_\_\_\_\_

Is the relationship good between patient and parent(s) / guardian(s)? Yes No

If no, elaborate: \_\_\_\_\_

Is the relationship good between patient and other household members? Yes No

If no, elaborate: \_\_\_\_\_

Which of the following have been or are now problems with patient?

	Yes	No	Sometimes		Yes	No	Sometimes
Won't Mind	_____	_____	_____	Soiling	_____	_____	_____
Too Active	_____	_____	_____	Bedwetting	_____	_____	_____
Bad Temper	_____	_____	_____	Cries Too Much	_____	_____	_____
High Strung or Nervous	_____	_____	_____	Clings to Parents	_____	_____	_____
Breath holding	_____	_____	_____	Toilet Training	_____	_____	_____
Easily Upset	_____	_____	_____	Lying	_____	_____	_____
Clumsy	_____	_____	_____	Too Shy	_____	_____	_____
Night Terror	_____	_____	_____	Siblings	_____	_____	_____
Destructive	_____	_____	_____	Hyperactive	_____	_____	_____
Head banging	_____	_____	_____	Other	_____	_____	_____

When did you first notice concerns? \_\_\_\_\_

**SCHOOL ASSESSMENT**

Patient school: \_\_\_\_\_ City/State: \_\_\_\_\_ Grade: \_\_\_\_\_

Teacher Name: \_\_\_\_\_ Principal Name: \_\_\_\_\_

Hours in attendance: \_\_\_\_\_

Is patient home-schooled? Yes No

Hours in attendance: \_\_\_\_\_

Describe school progress (circle one) Poor Fair Good Very Good

According to the teacher, patient:	Yes	No	Sometimes	Date of Onset
Has difficulty following instructions	_____	_____	_____	_____
Speech / Language concerns	_____	_____	_____	_____
Completing assignments	_____	_____	_____	_____
Talks out of turn	_____	_____	_____	_____
Learning difficulties	_____	_____	_____	_____
Has a short attention span	_____	_____	_____	_____
Has trouble finishing work	_____	_____	_____	_____
Does not get along with other children	_____	_____	_____	_____
Has poor school attendance	_____	_____	_____	_____

Have you had special or extra conferences with teacher or school authorities for behavior or learning problems? Yes No

Does patient receive any Special Education Services? Yes No

Has patient ever been tested for learning, behavior, or speech problems? Yes No

Does patient have an IEP / 504 Plan? Yes No

What do they suggest is needed to help patient? \_\_\_\_\_

\_\_\_\_\_

Do you agree with teacher, or what are your ideas about what is needed? \_\_\_\_\_

\_\_\_\_\_

Is patient involved in extracurricular activities? Yes No

If yes, describe: \_\_\_\_\_

**FAMILY ASSESSMENT**

Parent / Guardian Name: \_\_\_\_\_ Education: \_\_\_\_\_

Employer / Job Position: \_\_\_\_\_ Work hours: \_\_\_\_\_

Describe overtime work or second job: \_\_\_\_\_

Home schedule: \_\_\_\_\_

\_\_\_\_\_

Parent / Guardian Name: \_\_\_\_\_ Education: \_\_\_\_\_

Employer / Job Position: \_\_\_\_\_ Work hours: \_\_\_\_\_

Describe overtime work or second job: \_\_\_\_\_

Home schedule: \_\_\_\_\_

\_\_\_\_\_

Do you think the family is under financial strain? Yes No

Are you receiving any type of financial assistance? Yes No

Describe past or recent stressors: \_\_\_\_\_

Describe past or recent legal issues: \_\_\_\_\_

Describe any neglect / trauma history: \_\_\_\_\_

Describe a typical day experienced by your family: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Has either parent / guardian received medication, counseling, or psychotherapy? Yes No

If yes, describe the issues and diagnoses: \_\_\_\_\_

\_\_\_\_\_

Therapist name(s) and date(s): \_\_\_\_\_

\_\_\_\_\_

How would you describe your marriage / relationship during the past six months? (circle one)

Very Good    Good    Fair    Bad    Very Bad    N/A

How would you describe your marriage / relationship during the last month? (circle one)

Very Good    Good    Fair    Bad    Very Bad    N/A

Does either parent / guardian have a physical health problem that interferes with normal functioning?

Yes No If yes, please describe: \_\_\_\_\_

\_\_\_\_\_

**CHILD MANAGEMENT**

Who ordinarily disciplines patient? \_\_\_\_\_

How is patient disciplined?    Timeout    Spank    Yell    Take Privileges    Send to Room    Reasoning

Other (describe): \_\_\_\_\_

How often do you need to use discipline? \_\_\_\_\_

Have your methods of discipline been effective?    Yes    No

Do you and patient's other parent / guardian agree on discipline?    Yes    No

What does patient like to do with you?

Parent / Guardian Name: \_\_\_\_\_

Preferred activities: \_\_\_\_\_

Parent / Guardian Name: \_\_\_\_\_

Preferred activities: \_\_\_\_\_

**SIBLING ASSESSMENT**

**Emotional status:**

Has any sibling received counseling or psychotherapy?    Yes    No

If yes, describe the issues and diagnoses: \_\_\_\_\_

\_\_\_\_\_

Therapist name(s) and date(s): \_\_\_\_\_

\_\_\_\_\_

Does any sibling have an emotional or behavioral problem that concerns you?    Yes    No

If yes, describe: \_\_\_\_\_

\_\_\_\_\_

**ADOLESCENT ASSESSMENT**

(If applicable, please complete the following)

To your knowledge, has your adolescent:

Used alcohol or drugs                      Yes    No

If yes, explain: \_\_\_\_\_

\_\_\_\_\_

Had a positive drug screen              Yes    No

Had a SCIP evaluation                    Yes    No

Used tobacco                                Yes    No

Been sexually active                      Yes    No

Run away from home                      Yes    No

Had legal difficulties                      Yes    No

If yes, please explain (probation officer, court date, etc.): \_\_\_\_\_

\_\_\_\_\_

Other concerns not mentioned: \_\_\_\_\_

Does your adolescent have difficulties with any of the following:

	Often	Occasionally	Seldom	Never
Curfews	_____	_____	_____	_____
Skipping school	_____	_____	_____	_____
Failing grades	_____	_____	_____	_____
Peers	_____	_____	_____	_____
Suicide threats or attempts	_____	_____	_____	_____
Destruction of property	_____	_____	_____	_____
Aggression	_____	_____	_____	_____